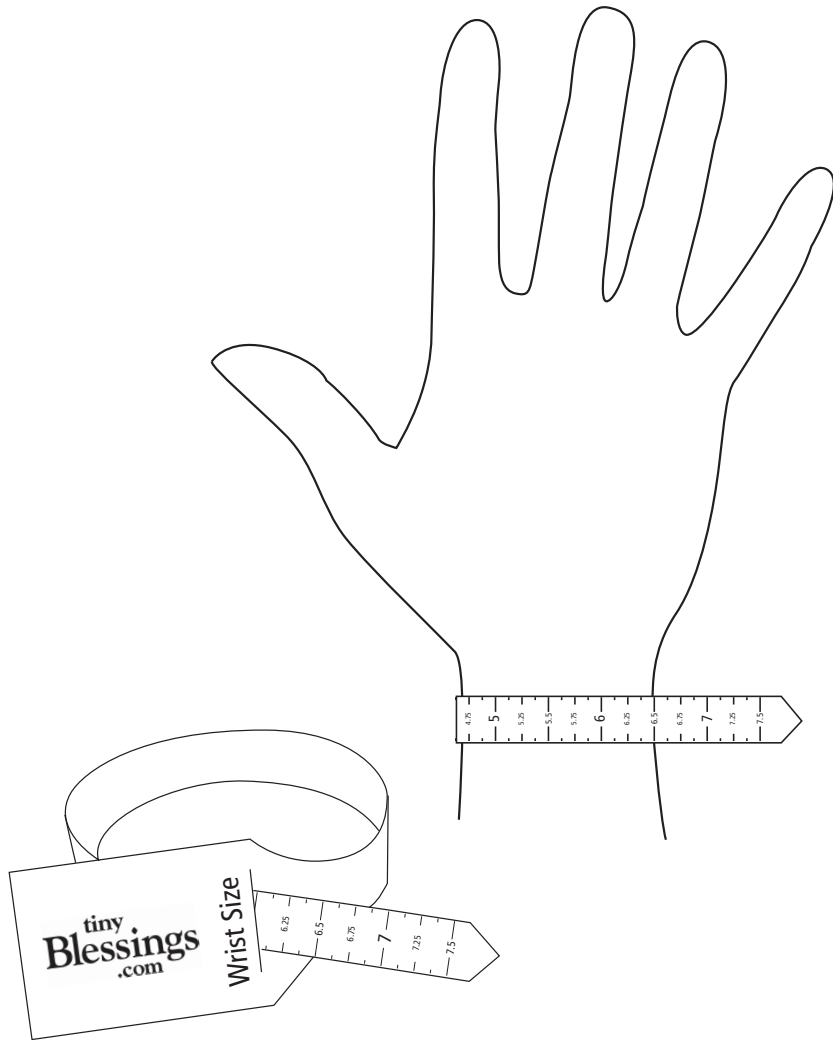


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## How to use it:

1. DOWNLOAD and PRINT this page
  - Make sure you are printing on LETTER size paper.
  - Make sure it is set to 100% scaling.
  - Make sure the **Reduce to Fit Page Size** is NOT checked.
  - VERIFY black box is 8.5 inches long **with a ruler** OR by using the **short side of a LETTER sized piece of paper** (8.5" x 11").
2. Follow the scissor icons to cut out the wrist sizer.
3. Wrap the sizer around the person's wrist with the number side facing out.
  - Slide the arrow-shaped end of the sizer through the **Wrist Size** slit.
  - Make sure you measure it tight, but pulling too tight will rip the paper.
4. Note the measurement that is closest to the line.
5. **IMPORTANT!** ADD the following amount to the measurement to get the correct size of bracelet you should purchase:
  - **ADD 1/2 inch** for all wrist sizes **5 inches and under**.
  - **ADD 3/4 inch** for all wrist sizes from **5.25 to 6.0 inches**
  - **ADD 1 inch** for all wrist sizes from **6.25 inches and up**.

VERIFY that this box is 8.5 inches long with a ruler OR by using the short side of a LETTER sized piece of paper (8.5" x 11")